RÉSEAU DE SANTÉ Horizon HEALTH NETWORK

PLANNING FOR DISCHARGE

Perth-Andover, Plaster Rock
Woodstock and Surrounding Area

Upper River Valley Hospital
11300 Route 130
Waterville, Carleton County, NB E7P 0A4
Telephone: (506) 375-5900

Hotel Dieu of Saint Joseph
10 Woodland Hill
Perth-Andover, NB E7H 5H5
Telephone: (506) 273-7100

MISSION: Helping People Be Healthy.

VISION: Exceptional Care. Every Person. Every Day.

VALUES: We show empathy, compassion and respect. We strive for excellence. We are all leaders, yet work as a team. We act with integrity and are accountable.

DISCHARGE PLANNING INFORMATION

Will you need extra help at home when you leave the hospital?

It is important to think about what it will be like at home when you leave the hospital. You may have a planned stay at the hospital, (i.e., a knee operation), or an unplanned stay (such as pneumonia or a heart attack). The following numbers are listed to help with your discharge plans.

ADDICTION & MENTAL HEALTH SERVICES

You or your family may contact Mental Health. Your doctor or other health professional may also make referrals. Services are available in:
Perth-Andover 273-4701
Woodstock 325-4419

ADULT RESIDENTIAL FACILITIES

These are **Special Care Homes** which are set up for people who are unable to remain in their own homes but do not require nursing care. An assessment is necessary before anyone can move to these homes, and can be requested through Department of Social Development ……1-833-733-7835

ASSISTED LIVING ACCOMMODATIONS

Assisted living residents enjoy the independence of having their own private bedroom, sitting area and bathroom. Support services include provision of 3 meals daily along with laundry and housekeeping services.

Carleton Place, Hartland, NB 375-3033
Riverside Court, Woodstock, NB……...325-7200

CANADIAN NATIONAL INSTITUTE FOR THE BLIND (CNIB)…..458-0060

DEPARTMENT OF SOCIAL DEVELOPMENT

Adults (age 19 and over) who require long-term placement in a nursing home or residential facility (special care home), may be able to receive assistance through the Department of Social Development. The Department of Social Development will do a 2-part assessment to determine your financial and functional needs. To obtain more information, please call:
Perth-Andover and Woodstock areas…..1-833-733-7835

EQUIPMENT SERVICES

The Red Cross and the Canadian Rehabilitation Council for the Disabled (CRCD) provide an equipment loan service to patients in their own homes. This service depends on availability and needs. A doctor, occupational therapist or physiotherapist can request the loan of equipment. Rental equipment is available at various drug stores and medical supply outlets including:

CRCD 458-8739

Red Cross.....328-8881

Red Cross (Grand Falls).....473-5897

Red Cross (Edmundston).....736-0050

Tango Medical 1-877-459-4449

Newnham & Slipp Pharmacy.....325-2000

Pharmacy for Life/Guardian (Hartland).....375-8177

Nevers Pharmacy (Hartland).....375-4451

Shoppers Drug Mart, Woodstock 328-8801

Shoppers Drug Mart, Fredericton..... 1-800-561-4088

Shoppers Drug Mart (Grand Falls) 473-3454

Guardian Johnson Drug Store (Perth).....273-2882

Lewis Pharmacy (Perth) 273-3772

Jean Coutu (Grand Falls) 473-3300

EXTRA MURAL PROGRAM (EMP)

The Extra Mural Program is a provincial home health-care program that provides comprehensive health-care services to New Brunswickers in their home and/or community. Only doctors may make referrals for acute care. Referrals for rehab services may be from family, schools, or others. EMP professionals include clinical nutritionist, nurses, occupational therapist, social worker, physiotherapist, respiratory therapist, and speech-language pathologist.

Woodstock Unit 375-2539
Perth-Andover Office.....273-7222

HEALTH CENTRES

Health centres offer a variety of services that may include primary care by a doctor, nurse practitioner, nurse, lab services, ECG, individual and group health education, counseling or support; as well as access to therapeutic services professionals such as clinical nutritionist, occupational therapist, social worker, physiotherapist, respiratory therapist, and speech-language pathologist.

Harvey.....366-6400 McAdam.....784-6300
Tobique Valley…...356-6600 Nackawic.....575-6600
Woodstock First Nations Wellness Centre.....325-3570
Tobique First Nations Wellness Centre.....273-5430 / 273-2239

HOMEMAKER SERVICES

These agencies provide various services such as nursing care, attendant care, respite care and housekeeping:

Bayshore Home Health…...……325-0341
Kindred Home Care.....425-1348
Carleton Victoria Community Vocational Board
Bath 278-3799
Perth 273-6552
Plaster Rock 356-8189
Integrity (Nackawic Area).....454-1273
Kindred Home Care (Perth).....273-6183
Integrity Home Care (Zeland, Nackawic to Plaster Rock)
.....243-1040
after hours.....425-1217

MEALS

Meals on Wheels (Saint Francois to Woodstock)... 1-844-854-6325
(Email)..... restolba@nb.sympatico.ca

Meals on Wheels - Bath 278-3372

NURSING HOMES

Persons who require nursing care and 24-hour supervision, which they cannot get in an Adult Residential Facility, may be suitable for nursing home placement. To have an assessment done, to determine eligibility, please contact Department of Social Development.
Perth-Andover and Woodstock areas.....1-833-733-7835

OFFICE OF THE PUBLIC TRUSTEE

Provides personal and financial guardianship services to adults who need support due to a mental or physical incapacity (POA, Administrator or Executor of Estates, Litigation Guardian, managing property and finances) 1-888-336-8383

RELIEF CARE BEDS

These rooms are available, at a daily rate, in Nursing Homes. They can be used for a period up to four weeks, twice per year. This allows the family or caregiver to have a break.

Carleton Manor, Woodstock 325-4985
Central Carleton, Hartland.....375-3033
Mill Cove Nursing Home, Mill Cove.....488-3033
Nashwaak Villa, Stanley.....367-7731
Pine Grove, Fredericton 444-3400
Riverview Manor, Bath.....278-6030
Tobique Valley Manor, Plaster Rock.....356-6040
Victoria Glen, Perth-Andover.....273-4885
Wauklehegan Manor, McAdam 784-6303
York Manor, Fredericton 444-3880

RESPIRATORY SERVICES

Vital Aire Health Care……..452-8680
Quality Respiratory Care…….453-7810
Social Development Health
Services Respiratory Program ……..453-3960

RIVER VALLEY LIFELINE INC.

LifeLine provides an emergency response service to help you feel safer and less isolated in your home. By pressing your personal help button, you are connected to the call centre where staff ensure that you receive the personal or medical assistance required.
Nackawic to Plaster Rock..... 392-9002 or 356-9010

SAINT JOHN DEAF & HARD OF HEARING

450-9354

TELE-CARE

Tele-Care is a free health advice and information line. It provides access to registered nurses 24 hours a day, 7 days a week. In an emergency, call 911 or visit your local emergency department.
Tele-Care 811

DEPARTMENT OF VETERANS AFFAIRS (DVA)

DVA has programs that provide services or nursing care **for eligible veterans**. To arrange an assessment or to increase your services, contact one of the following:

English..... 1-866-522-2122
French 1-866-522-2022